

Curl Curl Amateur Swimming Club

WEDNESDAY NIGHT SWIM PROGRAM Season 2023-2024

| Date | Freestyle | 200 Breast | 200 Back | 200 Medley |
|----------|-------------------------------------|------------|----------|------------|
| 22nd Nov | 200m | | | |
| 29th Nov | 200m | Yes | | |
| 6th Dec | 200m | Yes | Yes | |
| 13th Dec | 200m | | Yes | Yes |
| 20th Dec | 200m | Yes | Yes | |
| 27th Dec | 200m | Yes | | Yes |
| 3rd Jan | 400m | | Yes | |
| 10th Jan | 400m | | | Yes |
| 17th Jan | 400m | Yes | | |
| 24th Jan | 400m | | Yes | |
| 31st Jan | 400m Freestyle Championships | | | |
| 7th Feb | 800m | | | |
| 14th Feb | 800m | | | |
| 21st Feb | 800m | | | |
| 28th Feb | 800m | | | |
| 6th Mar | 800m Freestyle Championships | | | |
| 13th Mar | 1500m | | | |
| 20th Mar | 1500m | | | |